



Henley Half Marathon, 10k, 5k and Fun Run

Sunday October 19th 2025 - 09:30

Thank you for entering The Henley Half, 10K, 5k & Fun Run.

Please read all of the information here carefully to ensure you arrive at the right time and are fully prepared for the run.

If you have any questions that are not answered below, there are details of how to get in touch at the end of this email.

Before Race Day

Think about your training and what you should eat and drink in the 24 hours before the event. If you've not trained as well as you hoped, be prepared to take it easier, particularly for the first half of the race.

Plan your journey carefully - travel information for getting to The Henley Half is below.

Getting to the race & parking

The Event Village is based inside Henley Rugby Club, Dry Leas, Marlow Rd, Henley-on-Thames RG9 2JA

View the event location here: [Henley Rugby Club](#)

The Event Village, registration and start/finish area are just inside the Rugby Club: you will be guided in by marshals who can help point you in the right direction.

There are 2 car parking areas on the day, please follow the car parking signs on approach to guide you to the car parks.

The first car park is located at the Event Village, once this fills up there is a second overflow car park at Fawley meadows, Henley-on-Thames, RG9 2NA.



Road closures are in place from 09:00 on race day so you need to have arrived before 09:00 in order to access the event car parks. Car parks will be open from 07:15 on race day so please arrive early. Note that if you are in the overflow car park the walk is around 20 minutes to the event village.

[Please be aware that these opening times are fixed because of road closures, so if you miss the window you would have to park in Henley and walk from there.](#)

Race Packs

Runners participating in the event will receive their race packs in the post. Packs were posted on Friday 3rd October. You can expect the packs to arrive by Monday or Tuesday week commencing 6th October. If, for any reason, your race pack doesn't arrive before the event day, don't worry! You'll be able to collect one at the registration area on the day of the race. Make sure to keep an eye out for your pack in the post, and we look forward to seeing you on race day!

If you registered after Friday 3rd October 10:00am, your race pack will not be posted and it will be available to collect.

If your delivery address is outside the UK please pick up your race pack on the day - it will not be posted.

Arrival and Start Time

The start time is 9.30am for the Half and 5k. The 10K follows almost immediately afterwards at 09:35, and lastly the Fun Run is due to start at 9.40.

You can arrive from 07:45. Number collection will be ready for you from 8.00am so you'll have plenty of time to purchase a morning tea, coffee and a breakfast roll in the event village.

On-the-day signups are limited.



Registration

If you have already received your race pack in the post then you **do not** need to register on the day, just be ready to run - we will have additional pins at registration if you need them.

Head to our Registration Tent if you need to collect your race pack. You'll be asked to confirm your details before collecting a race number and safety pins, all we need to know is your last name but do have a copy of your confirmation in case there is any difficulty in locating you.

Once you have your number bib, move to the preparation area to complete the emergency details on the reverse and attach it to the front of the top you'll be running in.

Transfers

If you wish to change distance you will need to do this at registration on the day.

Bag Drop

You can leave any clothing, bags, keys and phones at our bag drop. Your race number has a tear-off strip on the bottom that should be attached to anything you leave with us. We expect the bag drops to be busy so please bring a minimal amount of things and consider leaving items in your car instead.

The Race

We'll make announcements asking you to prepare to run and move into the start area shortly before the race.

The half, 10k and 5k course has road closures through the town centre but once you reach the quieter country roads you'll need to make sure you stay to the right and on any pathways. The course is marshalled, signed with arrows and kilometre markers.

The Fun Run is a 1K route which is on trail paths surrounding the event village.

No toilets are available on the route.



Course Map

Please view the interactive map [Route map](#)

Water Stations

There are 4 water stations out on the route for the Half Marathon, the 10k will pass 3 of them and the 5k runners will have water waiting for them at the finish line. We will provide cups of water or you can also refill your own cups and bottles if you choose to run with them.

Spectators

Spectators are permitted anywhere in the event village and around the route. Please be mindful of others' comfort and safety in more popular locations, including the finish area.

Finish Line

When you've recovered, collect your medal, water from next to the finish area, and don't forget to collect any belongings you've left with us.

Any lost property or left belongings will be kept for one month.

Results

A complete set of [results](#) will be posted online and emailed to all runners on Sunday afternoon.

Presentation

A presentation to the winners will take place around 11am.

Contact us

If you've got any questions that aren't answered here, just get in touch by [emailing](#).

We can't wait to welcome you to this much anticipated community event - enjoy your race!